



ADULT ACTIVITY PACK - JULY





FIFTY STATES

From sea to shining sea, don't stop looking until you find all fifty states within the borders of this word search puzzle!

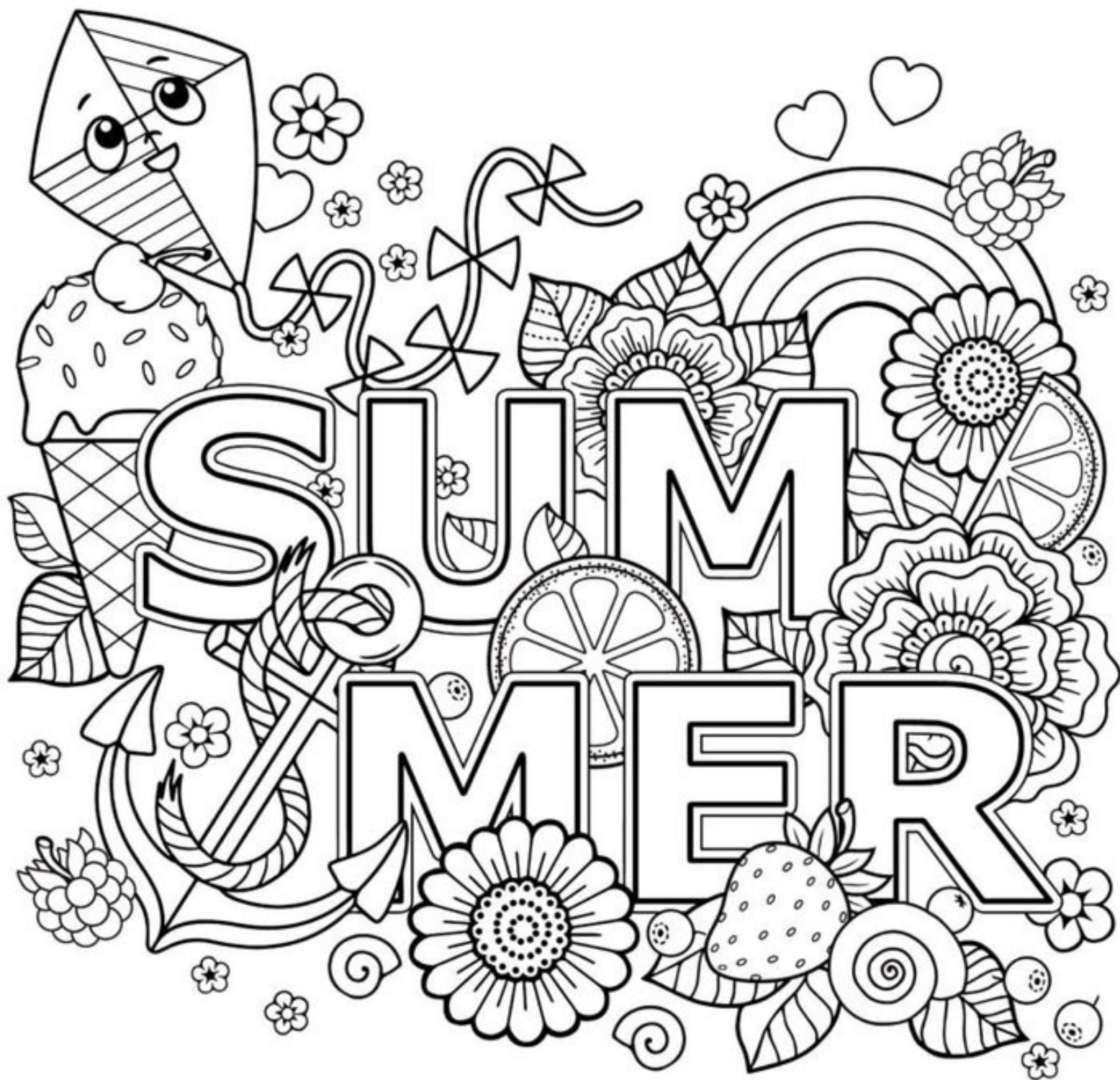
ALABAMA
ALASKA
ARIZONA
ARKANSAS
CALIFORNIA
COLORADO
CONNECTICUT
DELAWARE
FLORIDA
GEORGIA
HAWAII
IDAHO
ILLINOIS
INDIANA
IOWA
KANSAS
KENTUCKY
LOUISIANA
MAINE
MARYLAND
MASSACHUSETTS
MICHIGAN
MINNESOTA
MISSISSIPPI
MISSOURI
MONTANA
NEBRASKA
NEVADA
NEW HAMPSHIRE

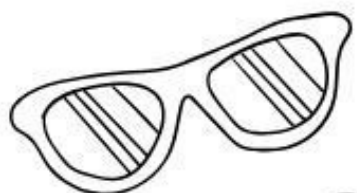
NEW JERSEY
NEW MEXICO
NEW YORK
NORTH CAROLINA
NORTH DAKOTA
OHIO
OKLAHOMA

OREGON
PENNSYLVANIA
RHODE ISLAND
SOUTH CAROLINA
SOUTH DAKOTA
TENNESSEE
TEXAS

UTAH
VERMONT
VIRGINIA
WASHINGTON
WEST VIRGINIA
WISCONSIN
WYOMING

B	S	U	A	K	S	A	L	A	E	H	X	J	Z	O	D	A	R	O	L	O	C	A	I
T	T	Q	N	F	Z	Y	I	N	D	L	O	U	I	S	I	A	N	A	R	A	Y	M	N
E	T	A	W	O	I	I	I	A	I	N	R	O	F	I	L	A	C	N	I	Z	A	O	D
N	E	T	T	F	A	A	D	S	G	I	A	F	U	D	Z	O	H	G	E	P	W	H	I
N	S	U	L	W	M	L	G	N	A	T	S	L	V	V	H	F	R	S	T	F	L	A	A
E	U	T	A	A	I	N	I	G	R	I	V	T	S	E	W	O	N	E	W	F	E	L	N
S	H	H	G	Y	O	M	O	N	T	A	N	A	S	I	E	C	E	K	G	S	W	K	A
S	C	O	A	I	O	N	E	E	S	P	A	A	E	G	E	V	L	R	F	O	V	O	U
E	A	J	H	Y	H	W	M	S	L	W	Y	P	O	H	A	D	I	T	N	Z	N	T	O
E	S	O	W	K	M	A	T	O	K	A	D	H	T	R	O	N	O	M	E	A	A	A	E
Z	S	T	C	E	H	N	S	A	X	E	T	K	A	N	S	A	S	H	B	H	P	G	R
A	A	O	X	U	E	Y	V	A	O	J	M	V	M	C	A	A	I	N	R	C	P	K	I
E	M	I	U	W	A	M	I	C	H	I	G	A	N	T	Q	G	H	I	A	Y	A	W	H
Y	C	J	Y	T	Z	L	X	L	S	A	D	X	O	Z	Q	L	N	S	S	K	I	Q	S
O	E	O	J	D	H	P	A	S	C	I	W	K	D	C	Z	K	E	N	K	C	N	N	P
A	R	S	Y	P	T	C	I	B	R	S	A	S	N	A	K	R	A	O	A	U	A	O	M
K	T	N	R	C	P	S	A	O	A	D	M	V	I	L	B	A	E	C	Z	T	V	T	A
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J	O	M	P	S	D	W	U	Z	M	L	A	D	A	V	E	N	Y	W	Z	K	S	I	E
I	H	P	H	E	N	O	E	O	A	N	I	L	O	R	A	C	H	T	R	O	N	H	N
T	I	A	T	O	S	E	N	N	I	M	L	N	E	R	A	W	A	L	E	D	N	S	P
C	O	N	N	E	C	T	I	C	U	T	H	M	A	R	Y	L	A	N	D	A	E	A	X
S	I	O	N	I	L	L	I	O	Z	C	Z	F	I	R	U	O	S	S	I	M	P	W	K





SUMMER WORD SCRAMBLE

KTEI



LIFPFOPL



SMMURE



BACEH



AMCP



ESASHLEL



RATVLE



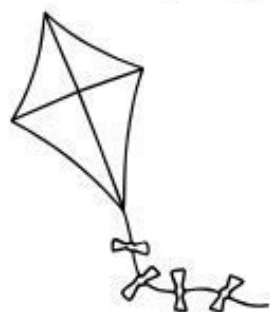
RITP



MSWIINMG

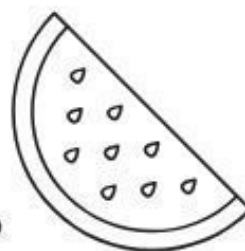


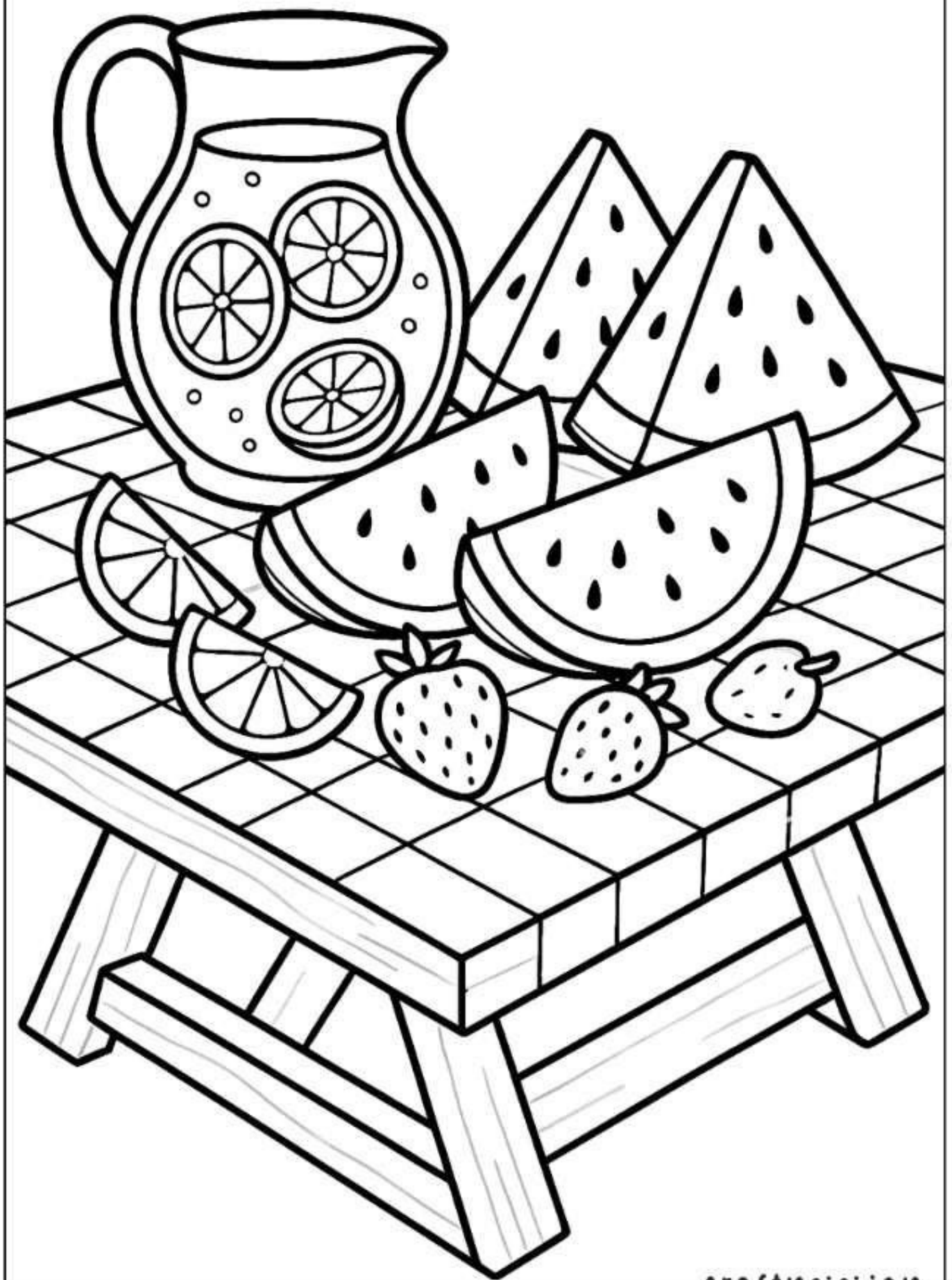
SNSEUCREN



BONUS JOKE

Use the gray squares above to solve the riddle...
Why did the robot go on vacation?







Healthy Yogurt Banana Pops

☆☆☆☆☆ No ratings yet

Nicole Modic

Prep Time

5mins

Cook Time

2hrs

Total Time

2hrs5mins

SERVES 6Pops

Print it

If you're looking for the perfect summer treat, then look no further than these healthy Frozen Yogurt Banana Pops! These are like your favorite chocolate covered bananas, but DIFFERENT, because we're using vanilla-flavored greek yogurt to coat them instead of chocolate. These are so easy to make, and are especially perfect if you have littles that love popsicles! Think of these as a fun treat that the entire family can enjoy together on a hot summer day.

Ingredients

- 3Bananas cut in half
- 1 ½CupsGreek Yogurtvanilla flavor
- ½CupRainbow Sprinkles

Instructions

1. Start by cutting your bananas in half and lining them on a baking sheet.
2. Grab some popsicle sticks and slide one into each half of the banana.
3. Pour some greek yogurt into a bowl, mix until creamy and there are no clumps, then dip each banana pop into it, until they're fully coated.
4. Put the pops back on the baking sheet and garnish generously with sprinkles.
5. Freeze for two hours or until the greek yogurt solidifies, and enjoy!

Calories: 139kcal | Carbohydrates: 28g | Protein: 6g | Fat: 1g | Saturated Fat: 1g | Polyunsaturated Fat: 0.05g | Monounsaturated Fat: 0.04g | Trans Fat: 0.003g | Cholesterol: 3mg | Sodium: 19mg | Potassium: 282mg | Fiber: 2g | Sugar: 21g | Vitamin A: 40 IU | Vitamin C: 5 mg | Calcium: 58mg | Iron: 0.2mg

Did you make this recipe?

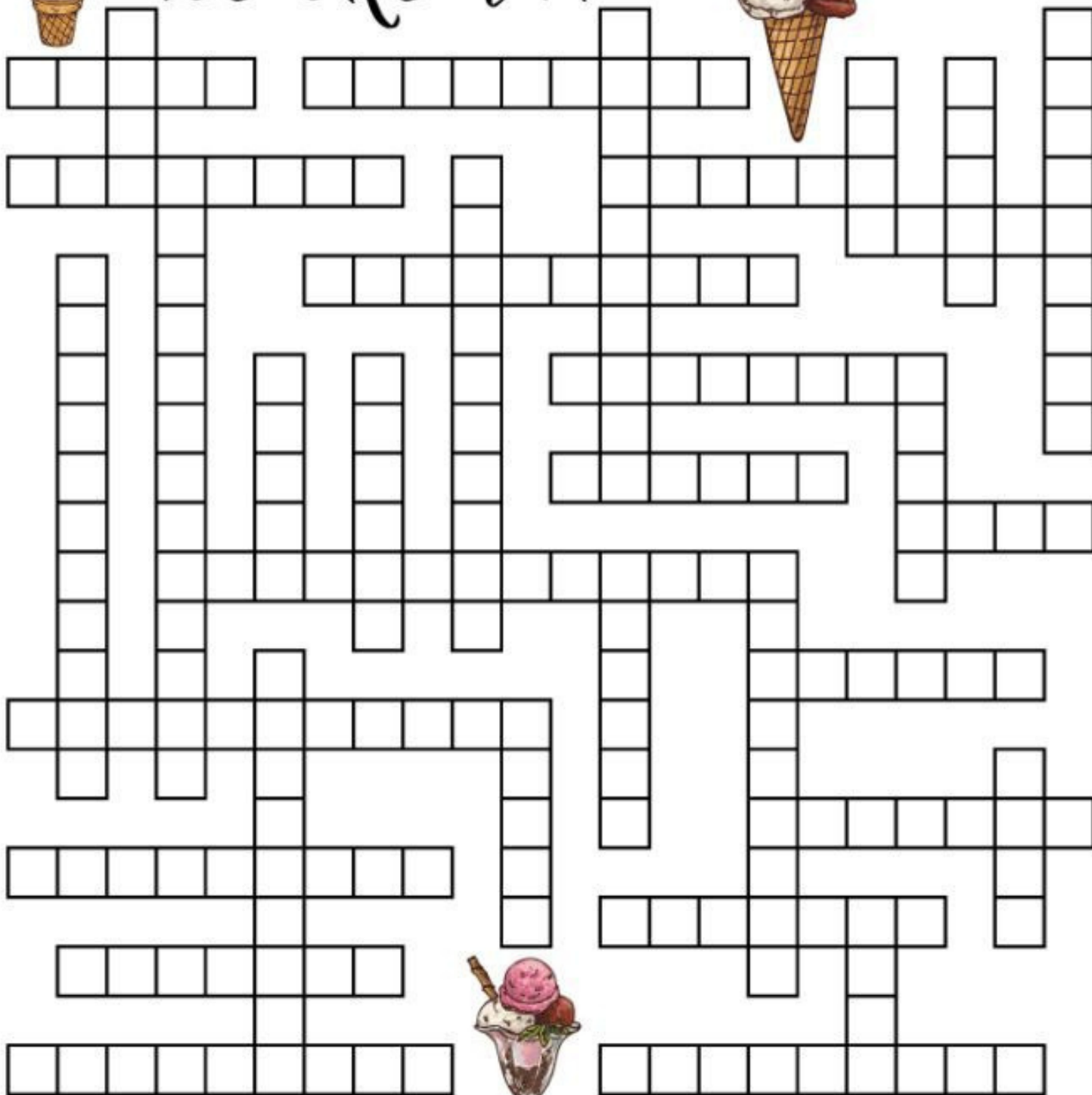
I'd love to see what you made - tag @kalejunkie in your posts and I'll re-share!

SHARE





ICE CREAM



© 2021 Tree Valley Academy



4 letter words

cone
lick
melt
Mint
Oreo

5 letter words

fudge
Mango
scoop
spoon
Tiger
treat

6 letter words

carton
creamy
frozen
gelato
sundae

7 letter words

caramel
flavors
Vanilla

9 letter words

Bubble Gum
Chocolate
Pistachio
Rocky Road
sprinkles
sugar cone
wafer cone

8 letter words

ice cream
toppings

10 letter words

Neapolitan
Strawberry
waffle cone

11 letter words

banana split
Butter Pecan

13 letter words

Chocolate Chip
Cookies N Cream





Making Words



PICNIC BASKET

This image shows a single, blank page from a lined notebook. The paper is white with faint, horizontal blue or grey ruling lines spaced evenly down the page. There are approximately 20 lines visible. The page is slightly aged, with some minor discoloration and a small dark speck near the center. The edges of the page are rounded at the corners.